



Praise Poem

My body is my body
perfect and lanky
imperfect and beautiful
loud but quiet
awkward and unfocused
medicated but wild
long legs but short torso
little lips but a big smile
small chest but a big heart
strong body but weak minded
arms that hug and hands that hold
brain that hates but heart that loves
eyes that admire and mind that experiences
nose that smells and a mouth that tastes
my **father's beautiful eyes** and my mother's button nose
my **grampa's serious face** and my grandma's loving smile
my body has happy little accidents, not big mistakes
my body is beautiful
my body is mine.

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